

# DEJEUNER

Lundi 19 Octobre 2026

|                                          | Gluten | Crustacés | Oeuf | Poisson | Arachides | Soja | lait | Fruits à coque | céleri | Moutarde | Sésame | Sulfites | lupin | Mollusques |
|------------------------------------------|--------|-----------|------|---------|-----------|------|------|----------------|--------|----------|--------|----------|-------|------------|
| Carottes rapees a l'emmental             |        |           |      |         |           |      | X    |                |        | X        |        | X        |       |            |
| FILET DE CABILLAUD A LA CREME DE POIREAU | X      |           |      | X       |           |      | X    |                |        |          |        |          |       |            |
| Omelette                                 |        |           | X    |         |           |      | T    |                |        |          |        |          |       |            |
| Ble pilaf                                | X      |           |      |         |           | T    |      |                |        | T        | T      |          |       |            |
| COMPOTE POMMES/POIRES                    |        |           |      |         |           |      |      |                |        |          |        |          |       |            |
| Pain                                     | X      |           | T    |         |           | T    | T    | T              |        |          |        |          |       |            |

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|--------------------------------|--------|-----------|------|---------|-----------|------|------|----------------|--------|----------|--------|----------|-------|------------|
| Radis au beurre                |        |           |      |         |           |      | X    |                |        |          |        |          |       |            |
| Hachis parmentier végétal      | T      |           |      |         |           | X    | X    |                |        |          |        | X        |       |            |
| Salades melees vinaigrette bio |        |           |      |         |           |      |      |                |        | X        |        | X        |       |            |
| Brie bio                       |        |           |      |         |           |      | X    |                |        |          |        |          |       |            |
| Banane bio                     |        |           |      |         |           |      |      |                |        |          |        |          |       |            |
| Pain                           | X      |           | T    |         |           | T    | T    | T              |        |          |        |          |       |            |

Mercredi 21 Octobre 2026

|                                | Gluten | Crustacés | Oeuf | Poisson | Arachides | Soja | lait | Fruits à coque | céleri | Moutarde | Sésame | Sulfites | lupin | Mollusques |
|--------------------------------|--------|-----------|------|---------|-----------|------|------|----------------|--------|----------|--------|----------|-------|------------|
| Celeri remoulade               |        |           | X    |         |           |      |      |                | X      | X        |        | X        |       |            |
| Ft vierge                      |        |           |      |         |           |      |      |                |        |          |        |          |       |            |
| MijotÉ de haricots rouges      | X      |           |      |         |           |      |      |                |        |          |        |          |       |            |
| Roti de veau a la moutarde     | X      |           | T    |         |           |      | X    |                | T      | X        |        | X        |       |            |
| Puree de carottes              |        |           |      |         |           |      | X    |                | T      |          |        | X        |       |            |
| Cantal                         |        |           |      |         |           |      | X    |                |        |          |        |          |       |            |
| Gateau au chocolat et griottes | X      |           | X    |         |           |      | X    | T              |        |          |        |          |       |            |
| Pain                           | X      |           | T    |         |           | T    | T    | T              |        |          |        |          |       |            |

Jeudi 22 Octobre 2026

|                                   | Gluten | Crustacés | Oeuf | Poisson | Arachides | Soja | lait | Fruits à coque | céleri | Moutarde | Sésame | Sulfites | lupin | Mollusques |
|-----------------------------------|--------|-----------|------|---------|-----------|------|------|----------------|--------|----------|--------|----------|-------|------------|
| Salade de concombre a l'asiatique | X      |           |      |         |           | X    |      |                |        | X        |        | X        |       |            |
| Emincé de ble et pois au caramel  | X      |           | X    | T       |           | X    | T    |                | X      |          |        |          |       |            |
| Saute de dinde au caramel         | X      |           | T    |         |           | X    | T    |                | X      |          |        |          |       |            |
| Saute de porc bio au caramel      | X      |           | T    |         |           | X    | T    |                | X      |          |        |          |       |            |
| RIZ THAÏ AU BEURRE                |        |           |      |         |           |      | X    |                |        |          |        |          |       |            |
| Litchees au sirop                 |        |           |      |         |           |      |      |                |        |          |        |          |       |            |
| Pain                              | X      |           | T    |         |           | T    | T    | T              |        |          |        |          |       |            |

Vendredi 23 Octobre 2026

|                                    | Gluten | Crustacés | Oeuf | Poisson | Arachides | Soja | lait | Fruits à coque | céleri | Moutarde | Sésame | Sulfites | lupin | Mollusques |
|------------------------------------|--------|-----------|------|---------|-----------|------|------|----------------|--------|----------|--------|----------|-------|------------|
| Salade piemontaise                 | T      |           | X    |         |           |      | T    | T              |        | X        |        | X        |       |            |
| Salade piemontaise vegetarienne    |        |           | X    |         |           |      |      |                |        | X        |        | X        |       |            |
| Escalope de dinde panee maison     | X      |           | X    |         |           |      | X    |                |        |          |        |          |       |            |
| Galette d'edamame aux carottes     | X      |           | T    | T       |           | X    | T    |                | T      |          |        |          |       |            |
| Steack de légumes                  | X      |           | T    |         |           | T    | T    |                | T      | T        |        |          |       |            |
| Haricots verts vapeur persillé bio |        |           |      |         |           |      |      |                |        |          |        |          |       |            |
| Petit suisse 60g                   |        |           |      |         |           |      | X    |                |        |          |        |          |       |            |
| Poire bio                          |        |           |      |         |           |      |      |                |        |          |        |          |       |            |
| Pain                               | X      |           | T    |         |           | T    | T    | T              |        |          |        |          |       |            |

# GOUTER

Lundi 19 Octobre 2026

|                     | Gluten | Crustacés | Oeuf | Poisson | Arachides | Soja | lait | Fruits à coque | céleri | Moutarde | Sésame | Sulfites | lupin | Mollusques |
|---------------------|--------|-----------|------|---------|-----------|------|------|----------------|--------|----------|--------|----------|-------|------------|
| Laitages            |        |           |      |         |           |      | X    |                |        |          |        |          |       |            |
| Assortiment compote |        |           |      |         |           |      |      |                |        |          |        |          |       |            |
| CHOCOLAT CHAUD      |        |           |      |         |           | X    | X    |                |        |          |        |          |       |            |
| CROISSANT AU BEURRE | X      |           | X    |         |           | T    | X    | T              |        |          |        |          |       |            |

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|-------------------------|--------|-----------|------|---------|-----------|------|------|----------------|--------|----------|--------|----------|-------|------------|
| Laitages                |        |           |      |         |           |      | X    |                |        |          |        |          |       |            |
| Assortiment compote     |        |           |      |         |           |      |      |                |        |          |        |          |       |            |
| CHOCOLAT CHAUD          |        |           |      |         |           | X    | X    |                |        |          |        |          |       |            |
| Mini roulé à la fraises | X      |           | X    |         |           |      | X    | T              |        |          |        |          |       |            |

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|---------------------|--------|-----------|------|---------|-----------|------|------|----------------|--------|----------|--------|----------|-------|------------|
| Laitages            |        |           |      |         |           |      | X    |                |        |          |        |          |       |            |
| Assortiment compote |        |           |      |         |           |      |      |                |        |          |        |          |       |            |
| FRUITS VARIÉS       |        |           |      |         |           |      |      |                |        |          |        |          |       |            |
| CHOCOLAT CHAUD      |        |           |      |         |           | X    | X    |                |        |          |        |          |       |            |
| MADELEINE GEANTE    | X      |           | X    |         |           |      | T    |                |        |          |        |          |       |            |

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|-----------------------|--------|-----------|------|---------|-----------|------|------|----------------|--------|----------|--------|----------|-------|------------|
| Laitages              |        |           |      |         |           |      | X    |                |        |          |        |          |       |            |
| Assortiment compote   |        |           |      |         |           |      |      |                |        |          |        |          |       |            |
| Baguette et confiture | X      |           | T    |         |           | T    | T    | T              |        |          |        |          |       |            |
| CHOCOLAT CHAUD        |        |           |      |         |           | X    | X    |                |        |          |        |          |       |            |

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|---------------------|--------|-----------|------|---------|-----------|------|------|----------------|--------|----------|--------|----------|-------|------------|
| Laitages            |        |           |      |         |           |      | X    |                |        |          |        |          |       |            |
| Assortiment compote |        |           |      |         |           |      |      |                |        |          |        |          |       |            |
| BARRE PATISSIÈRE    | X      |           | X    |         |           |      | T    | T              |        |          |        |          |       |            |
| CHOCOLAT CHAUD      |        |           |      |         |           | X    | X    |                |        |          |        |          |       |            |